## ÉMOTIONAL INTELLIGENCE SEMINAR 2025/2026

## For the students of 4A, 4B, 08A, 08B, 6S

Would you like to be able to manage your emotions, deal with mood changes and daily stress? Motivate yourself and take actions to achieve your goals?

Would you like to learn to understand the feelings of others, build strong relationships, and communicate well in any social situation?

## If yes, register for our next school year

Emotional Intelligence course led by Mgr. Viktorie Burbelo (Master's Degree in Psychology and Pedagogics). Together we will discover why your level of emotional intelligence (EQ) is an important factor for success

and overall happiness in life.

The students' assessment will be based on completing practical assignments and making presentations.